

YOUR ANNUAL FLU SHOT IS MORE IMPORTANT THAN EVER

HERE'S WHY:

Last flu season,

~49%

of Americans were **UNVACCINATED** against the flu, which could lead to flu or flu-related complications.^a



^aCDC estimates for the 2022–2023 flu season were recorded as of April 28, 2023.
CDC=Centers for Disease Control and Prevention.

This had serious consequences^b:

UP TO
~54 MILLION
FLU CASES

UP TO
~26 MILLION
MEDICAL VISITS

^bThese are CDC preliminary estimates from October 1, 2022 through April 30, 2023 and are subject to change.

UP TO
~58,000
DEATHS

UP TO
~650,000
HOSPITALIZATIONS



You can help protect yourself for the upcoming flu season.

A flu shot can help prevent you from getting sick with flu and the severe outcomes it can potentially lead to, including:



Flu-related heart complications and pneumonia



More sick days and less productivity



Making chronic conditions worse



Infecting your family and friends

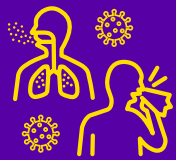
In 2021–2022, flu vaccines prevented
~1.7 MILLION
SYMPTOMATIC ILLNESSES



**SCHEDULE YOUR
FLU SHOT TODAY**

DON'T GET CAUGHT IN A TRIPLEDEMIC

You may be at risk for flu, COVID-19, RSV (Respiratory Syncytial Virus), or adenoviruses. Help protect yourself with the available, appropriate vaccines.



Multiple infections may increase the risk of severe outcomes and death

DO YOUR PART TO HELP ADDRESS A POTENTIAL TRIPLEDEMIC IN 2023

? FAQs about the tripledemic:

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Can I receive my flu shot and COVID-19 vaccine at the same time?

Yes. Be sure to follow the recommended CDC schedules for both vaccines.

Why get both vaccines at the same time?

It might be more convenient to get up to date on your vaccines in one visit, instead of returning for separate visits.

How can I protect myself from RSV?

Ask your doctor about currently available RSV vaccine options. You can also take steps like covering your cough, washing your hands often, and cleaning frequently touched surfaces.



ASK YOUR PROVIDER IF YOU ARE ELIGIBLE TO RECEIVE BOTH A FLU AND COVID-19 VACCINE TODAY