
ARE YOU AT RISK FOR PNEUMONIA?

You might be if you
smoke or have:

- Asthma
- Diabetes
- A weakened
immune system

**IF YOU ARE 19 OR OLDER, ASK YOUR DOCTOR
ABOUT GETTING A PNEUMONIA SHOT.**

THE POLYCLINIC

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YOU MAY BE AT HIGH RISK FOR PNEUMONIA – A SERIOUS LUNG INFECTION.

Pneumonia can be life-threatening!

- 900,000 Americans get pneumonia every year.
- Nearly half a million are hospitalized.
- About 1 in 20 dies.

A pneumonia shot is one of the safest and most effective ways to protect your health.

Talk to your doctor about getting a shot if you are a smoker or have one of these conditions and are 19 or older:

- Asthma
- Diabetes
- Certain cancers or having chemotherapy
- Heart, kidney, and liver diseases
- A cochlear implant
- HIV/AIDS
- A bone marrow or organ transplant
- Sickle cell disease
- Cerebrospinal fluid leaks

Pneumonia (lung infection) disease symptoms:

Fever, chills, difficulty breathing, cough, chest pain.

Pneumococcus can cause diseases in other organs, too.

This includes infections of the middle ear or sinuses, bloodstream, spinal cord fluid and lining of the brain.

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