

PROTECT YOUR PATIENTS WITH HEART DISEASE FROM



There are many important things you advise patients to do to stay healthy:



Eat a Balanced Diet



Exercise







Monitor and Control
Blood Pressure



Take Statins to Control Cholesterol

30+ million

US adults have heart disease and are at **6x** increased risk of heart attack within **7 days** of **flu infection**

Annual flu vaccination is just as important in treating patients with heart disease

EVEN WHEN CHRONIC CONDITIONS ARE WELL MANAGED, FLU CAN WORSEN SYMPTOMS AND LEAD TO LIFE-THREATENING COMPLICATIONS, INCLUDING:









PERMANENT PHYSICAL DECLINE



HOSPITALIZATION
AND DEATH

