

PROTECT YOUR PATIENTS WITH LUNG DISEASE FROM

& RELATED COMPLICATIONS

There are many important things you advise patients to do to stay healthy:



Quit Smoking



Take Medication as Prescribed Exercise



Avoid Second Hand Smoke and Pollution

Annual flu vaccination is just as important in treating patients with lung disease (including asthma or COPD) 39+ million

US adults have asthma and/or COPD, putting them at greater risk of **serious flu-related complications**.

EVEN WHEN CHRONIC CONDITIONS ARE WELL MANAGED, FLU CAN WORSEN SYMPTOMS AND LEAD TO LIFE-THREATENING COMPLICATIONS, INCLUDING:





HEART ATTACK AND STROKE



PROGRESSIVE LOSS OF LUNG FUNCTION



PERMANENT PHYSICAL DECLINE



#FightFlu

HOSPITALIZATION AND DEATH



National Foundation for Infectious Diseases LEARN MORE AT www.nfid.org/loweryourflurisk #LowerYourFluRisk